Masculine/Feminine Balance

lil omm

Healthy Male
masculine/ feminine
Sun
Front Body
YANG
DO

Healthy Female
feminine/ masculine
Moon
Back Body
YIN
BE

SOUL SELF

WISDOM

POWER

LOVE

Healthy
Balanced
Human with Integrity

STRENGTH & CARING

Honors Rights of
Self & Others

courage

Healthy
Soul's Expression of Power
Honor Value of Own Life
Ability to Take Command of Own Life
Energy for Accomplishing
Claim Basic Rights to Life
Self Confidence
Inner Strength - Dignity
Wise Risk Taking
Decisiveness
Focus
Reason

Healthy
Soul's Expression of Love
Honor Value of Lives of Others
Allow Others to Command
Their Own Life
Energy for Doing What is Good
Giving - Selfless
Enthusiasm & Zest for Life
Persistence - Perseverence
Wise Quitting
Kindness - Compassion
Patience
Empathy

Ego